

The Garden's Edge

OFFICIAL NEWSLETTER OF GROW AND SHARE



VOLUME 2, NUMBER 1, JANUARY 2011

GARDENING CALENDARS AVAILABLE



Grow and Share, with help from volunteers in our education group, has created a planting calendar.

This calendar includes monthly information on planting seeds or seedlings. It includes gardening data, and showcases growing and sharing through photographs contributed by local gardeners and farmers.

The calendar lists Grow And Share classes and date for our 2011 plant giveaway. It also includes some holidays. Other dates are open with room for writing in your own important appointments.

A donation of \$15 is suggested. If you'd like a calendar mailed to you, postage and handling is suggested at \$5 additional.

VOLUNTEER OPPORTUNITIES

A nonprofit like Grow And Share has many tasks that need to be done. We welcome volunteers to help on tasks that are of interest to them.

Clean Trays and Pots

Through January and February, we need to clean our supplies for reuse this year. We can really use some help! With 14,000 seeds to plant and many larger pots to be given away, it will take many hands to clean everything. Call to volunteer.



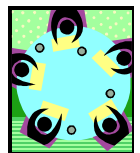
Plant Seeds

Late January through late February we will be planting. Come and help us plant, and play a part in growing the plants used in our educational events and given away to Sharing Gardeners.



Join Events Group

Throughout the year, Grow And Share will hold educational classes, plant giveaways, the Grow And Share Music Festival, a new 2011 Golf Tournament, and other educational and fundraising events. We also are featured at other events. If you would like to help, join our event planning group today!



TRIANGLE EAST HOME & GARDEN SHOW

Grow & Share has been selected as the featured nonprofit for the 2011 Triangle East Home & Garden Show! Join us on Saturday, April 30 from 9 a.m. to 2 p.m., at The Clayton Center in Clayton, for a gathering of the best in home and garden expertise, products and services, plus presentations from regional experts including Grow And Share's own Kay Whatley. One dollar from each ticket sold will be donated to aid the work of Grow & Share. For more information, watch www.triangleeastmagazine.com.

Grow And Share: Fighting Hunger from The Ground Up™

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DOCUMENTARY SHOWING ON RALEIGH TV NETWORK

The documentary *Grow & Share*, created by filmmaker Suzin Daly, is airing on Raleigh Television Network, Cable 10, all Sundays and Tuesdays throughout January. The documentary airs at 7:00pm.

If you are in the Raleigh, NC area you can view it on Cable 10.

FRESH, THE MOVIE

Join us for *Fresh, The Movie!*

We will open with a special viewing of the *Grow And Share* documentary by Suzin Daly, followed by *Fresh, The Movie*.

Tickets for this early 2011 movie showing are available from *Grow And Share* by calling 919.269.5414. Tickets may be purchased with cash, check, Visa, or MasterCard, and proceeds benefit *Grow And Share's* educational programs.



Thank you to volunteer Jamie Wescott for putting this fundraiser together! We're all looking forward to seeing *Fresh, The Movie* and seeing local reaction to the *Grow And Share* documentary, most recently shown at Bonnaroo Music Festival in Tennessee and on Raleigh Channel 10.

JOIN OUR TEAM IN 5K WALK (or sponsor!)



Exercise and start getting in shape for your Spring/Summer gardening! Join us Saturday, March 26th for the 5K walk (or run) with the *Great Human Race* around Durham.

Grow And Share has a team again this year, and welcome our volunteers, gardeners, and friends to walk with the *Grow And Share Team*. Contact us for more details and to sign on for the *Grow And Share Team!*

How this 5K works is you join the team and gather pledges from your contacts and companies. The "*Grow And Share Team*" receives these funds after the race, helping us continue our educational and food growth programs.

We're aiming for 20 walkers on our team. Sign up today! The race only takes a couple of hours of your morning, and can make a difference to how many people we can reach with gardening education.

Help us raise funds to be used in our fight against hunger by supporting our educational activities, which cover healthy eating, growing food, sharing locally, community building, gardening, ...and, yes, fighting obesity through healthy food availability. Sponsors who donors of \$250 or more can add a message or company logo to our team t-shirts! Limited spaces available. Give your gift right now and support the *Grow And Share Team*. Email or call 1.919.269.5414.

SPRING 2011 GARDEN PLANT GIVEAWAY

Saturday, April 30, 2011
11:00am to 2:00pm—Zebulon, NC

Save the date! Join us for the 2011 garden plant giveaway and gardeners meet and greet party! Meet the other *Grow And Share* gardeners and the growers who made the plants possible!

We'll play music, eat, and give you a chance to meet other gardeners who believe in growing and sharing. You can also speak with Master Gardeners and gardening experts about the plants you choose.

Pledge To Share

Sign our "Pledge To Share" and pick up free garden plants for your garden. All plants are free to Pledged Gardeners, who promise to grow the plants for themselves and to share with their community.

Plants Available

Choose from tomato, pepper, squash, okra, and many other plants. Some seed will also be available for crops like corn, beans, and greens.

Where to Share

Many local food banks, soup kitchens, or other food distribution centers accept fresh produce. A listing is available on the *Grow And Share* website.

How to Start

To become a Sharing Gardener, email info@growandshare.org or call 1.919.269.5414. You may pick up our plants, or use your own. You promise, you grow, and you share. That's all it join our fight against hunger in the United States.

HANDS IN THE DIRT FREE SATURDAY CLASSES

Several Saturday mornings each month, Grow And Share's gardening instructors will educate parents, children, and teachers on many aspects of gardening. Lessons will be hands-on activities in the greenhouse, and will focus on growing food.

Classes begin at 9:00am Saturdays. Generally they last 90 minutes to 2 hours.

Join us for 2 hour lessons and we'll cover gardening issues. Soil, seeds, and containers are provided to students. We do recommend bringing gardening gloves.

We spend about 20 minutes on each topic, and cover 2-3 topics per class. Lessons include hands-on time.

Come learn with us, and we think you'll find gardening is easier and more fun than you thought it could be!

Classes are free. A donation of \$5 per student or \$15 per family is appreciated. While many class lessons are geared toward children, teens and parents are encouraged to participate.

For children, handouts are provided for some topics. For adults, classes may include a parent's guide.

Some lessons are filmed for distribution or inclusion in Grow And Share videos. Advise instructors upon your arrival if you wish your child/family to be excluded from any videotaping/recording.

For more details or to register, call 1.919.269.5414 or email info@growandshare.org.

January 29 Seeds, Planting & Watering

- Creating Newspaper Pots
- Measuring for Planting Seeds
- Soil And Water Basics

February 12 Seedlings & Transplanting

- Transplanting Tomatoes and Peppers
- Root Systems And Plant Basics
- Which Plants Go in the Ground as Seeds and Which Go in as Seedlings

February 26 Designing Your Garden

- Container Gardening Inside and Outside
- Water Conservation and Rain Barrels
- What Does Organic Mean?
- Feeding Plants (Composting, Soil Testing, and Soil Additives)

March 12 Planning Your Garden and the Meals to Come

- Not All Seeds Are Alike (Heirlooms, Hybrids, and Saved Seeds)
- Herbs and Greens for Early Harvest
- Companion Plants to Help Your Seedlings

March 26 Bugs and More

- Beneficial Bugs and Garden Pests
- Bees, Please!
- Trees and Bushes Grow Food Too

April 9 Early Harvesting and Garden Under Way

- Harvesting Greens and Edible Weeds

- Weeding and Newspaper to Save You Work
- Plant Health Issues and "Fertilizing"

April 23 It's Not Easy, Eating Green

- Harvesting Vegetables
- Interactive Food Tasting of Vegetables, Greens, and Vegetable Juices
- Starting Pumpkins for Your Later Garden

Fall Classes Also Available

JANUARY 1ST GREENHOUSE UPGRADE

January 1st, the year kicked off strong as Chad K. and his group of scouts came to upgrade the Grow And Share Greenhouse. Chad's Eagle Scout project was to build out both sides of the greenhouse for staggered shelving!

The project started early in 2010, and included everything from designing the system to raising funds and organizing the labor. They worked hard today and finished both sides of the greenhouse before 4pm!

Here is a photo of the team in mid-project, just starting the second side of the greenhouse.

And this is what the right-side of the greenhouse looks like completely done. Based on its dimensions and the four levels of shelving, we've calculated we can place close to 5,000 plants on this side. That means that, thanks to Chad and his team of scouts and adult helpers, we will have room for close to 10,000 plants just on the shelves! (We also have table space in the middle, thanks to the table donations in 2010, which will give us space for well over 15,000 plants.)

MANY THANKS from Grow And Share for helping increase our capacity, Chad! We appreciate you and your team coming out today and improving the greenhouse.



MLK DAY OF SERVICE 2011

Our 2011 MLK Day Of Service project was building a school garden. We installed a raised bed garden at a Franklinton, NC elementary school. The garden will be used for classes, maintained by the children with a dedicated teacher, eaten by the children, and extra harvest shared with a local senior center.

About a dozen volunteers came to help. Soil was graciously donated by Green-Releaf of Franklinton (www.naturesgreenreleaf.com), with timbers and hardware provided by Grow And Share.

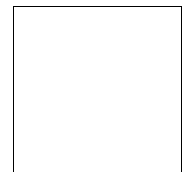




**MAKE A DIFFERENCE IN YOUR
COMMUNITY · HELP YOUR COUNTRY ·
FIGHT POLLUTION · LIVE GREENER ·
EAT HEALTHIER · SPEND LESS MONEY
AT THE STORE · ENJOY MORE TIME
WITH YOUR KIDS OR GRANDKIDS ·
SPEND MORE TIME IN THE SUNSHINE ·
EAT FRESH FRUITS AND VEGETABLES
YEAR-ROUND · HELP THOSE
STRUGGLING TO FEED THEIR
FAMILIES · DO SOMETHING NEW · GIVE
BACK · PAY IT FORWARD**

Grow And Share

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Fighting hunger from the ground up®



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