

The Garden's Edge



VOLUME 1, NUMBER 10, OCT-NOV-DEC 2010

THANK YOU

Grow And Share appreciates all the support provided this year to our fight against hunger.

With help from you, our 1,000+ gardeners to individuals, donors, groups, media, community gardens, food banks, sponsors, we've been able to support growth of fresh food for many US residents!

The backbone of Grow And Share, the gardeners, who grow and share their harvests!

Individuals like Linda Gaskins made it their business to gather gardening supplies from local businesses so we could plant and transplant without running out.

Groups like H.O.P.E. held fundraisers for us, and provided needed supplies and funding.

Media like MudcatsRadio.com (Play-By-Play Sports Properties) and Raleigh Clear Channel helped reach gardeners and families in need via radio programs. Local and national news organizations put the idea of growing and sharing in front of tens of thousands of possible gardeners.

Volunteers from NCSU, Alpha Kappa Alpha, Triangle United Way, Me-3, individuals, and families

helped plant, distribute, grow, gather, share, paint, build, write, edit, and educate.

Individual and corporate seed donors like Wyatt-Quarles, Southern States, and Earth Fare ensured a wide variety of choices for our gardeners.

Food pantries like IFFS, UMC Wendell, and Pilot Baptist Church helped our gardeners get their harvests into the hands of those who needed the food. Local community gardens like Cary's Pocket, Simple Gifts, who help gardeners gather, grow more, and spread it to those who need it.

Companies like Annie's Organic, Wal-mart, Earth Fare, RallyPoint Sport Grill, North Carolina Mulch, BBM Products Inc., and Panera Bread helped by donating food, funding and other supplies for events.

And sponsors who help Grow And Share educate on gardening and community building to fight hunger.

GARDENING CALENDARS AVAILABLE

Grow and Share, with help from volunteers in our education group, has created a planting calendar. It includes dates for planting seeds or seedlings. It also includes gardening tips, and showcases growing and sharing through photographs contributed by local gardeners and farmers.

A donation of at least \$15 is requested for each calendar. Available in December 10, 2010 until we run out. If you'd like a calendar mailed to you, postage and handling is expected to be \$5 additional.

COMPOSTING WITH EGG SHELLS

By Connie Schultz



Egg shells are a valuable additive to the soil because they are 93 percent calcium carbonate and contain other elements like nitrogen that are beneficial to plants. Home gardeners frequently add calcium carbonate to their soil in the form of lime to improve the growth of lawns and vegetables. So don't throw away a valuable resource like egg shells! You can just add the egg shells to your regular compost or put them directly onto the soil under your plants. However the shells will break down more quickly if you crush them thoroughly first – the smaller the particles the better! The shells will also compost more quickly if mixed in with regular compost that is properly balanced between “green” ingredients (nitrogen) and “brown” ingredients (carbon). This really speeds the decomposition. Shells from sea food are also good for your plants, so save all your shells including shrimp, crab or clam shells from the beach. They're an excellent source of nutrients for your garden.

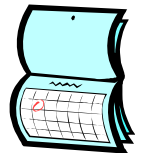


Another method of composting your shells and other kitchen waste is called “Trench composting.” In this method you dig a shallow trench in your garden, maybe next to a row that is already planted. After collecting your food waste, just bring it out, dump it in the trench and cover with some of the dirt left from digging the trench. You continue this until the trench is eventually filled and covered. By the time you are ready to plant the following year, you can plant right into your compost row which should now be filled with dark rich earth! The compost is right where you need it – in the plant's root zone. You don't have to haul it from the compost pile to the garden. You don't have to turn it. It doesn't smell. You don't have to maintain moisture or turn it and it's also invisible – no unsightly piles. Remember that in composting we are returning to the soil what we took out for it in the form of our food (or shelter or clothing.) Like a bank account, we can't keep making withdrawals without making some deposits in the form of compost. Everything that's organic (was once alive) can be put in the compost pile. This includes napkins, paper plates, pizza boxes, newspaper (not slick magazines), tea bags, coffee grounds, etc. Your plants will appreciate it!

VOLUNTEER OPPORTUNITIES

Volunteer help we need now:

- **Greenhouse volunteers planting seed (January/February) and then transplanting (February/March). Mornings/evenings.**
- Help distribute our 2011 Gardener's Calendars, complete with planting dates and tips, to raise funds for Grow And Share.



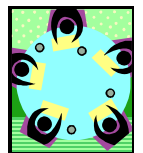
- Buy tickets for our showing of **Fresh, The Movie** and attend with your friends and family.



- Assist with administrative functions (database entry, thank you letter preparation, etc.) for 2 hours each week. We really need someone to help with this now.



- Join our fundraising group and help plan the 2011 Grow And Share Music Festival, 2011 Golf Tournament, and other events.



If any of these tasks spark your interest, please call for more details.

UPCOMING EVENTS

FRESH, THE MOVIE

Join us for *Fresh, The Movie!*



We will open with a special viewing of the Grow And

Share documentary by Suzin Daly, followed by *Fresh, The Movie*.

Tickets for this February 2011 movie showing are available from Grow And Share by calling 919.269.5414. Tickets may be purchased with cash, check, Visa, or MasterCard, and proceeds benefit Grow And Share's educational programs.

A preview version of the Grow And Share documentary is available online at:

<http://suzindaly.com/sz/Goddard/Semester4/Package4/GrowandShare7.html>

Thank you to volunteer Jamie Wescott for putting this fundraiser together! We're all looking forward to seeing *Fresh, The Movie* and seeing local reaction to the Grow And Share documentary, most recently shown at Bonnaroo Music Festival in Tennessee.

Great Human Race Team



Exercise and start getting in shape for your Spring/Summer gardening! Join us March 26th for the 5K walk (or run) with the *Great Human Race* around Durham.

Grow And Share has a team again this year, and welcome our volunteers, gardeners, and friends to walk with the Grow And Share Team. Contact us for more details and to sign on for the Grow And Share Team!

How this 5K works is you join the team and gather pledges from your contacts and companies. The "Grow And Share Team" receives these

funds after the race, helping us continue our educational and food growth programs.

We're aiming for 20 walkers on our team. Sign up today! The race only takes a couple of hours of your morning, and can make a difference.

Help us raise funds to be used in our fight against hunger by supporting our educational activities, which cover healthy eating, growing food, sharing locally, community building, gardening, ...and, yes, fighting obesity through healthy food availability.

Donors of \$1,000 or more can add a message or company logo to our team t-shirts! Limited spaces available. Give your gift right now and support the Grow And Share Team. Email or call 1.919.269.5414.

MLK Day of Service 2010

Our 2011 MLK Day Of Service project is building a school garden. We'll be installing a raised bed garden at a Franklinton, NC elementary school. The garden will be used for classes, maintained by the children with a dedicated teacher, eaten by the children, and extra harvest shared with a local senior center.

Volunteers should be prepared to get dirty! Construction experience and gardening experience are optional; we'll give direction. The work is fairly easy, moving and assembling landscape timber. Moving the soil will require shoveling and lifting, so volunteers need to be healthy enough to take on this activity.

Call or email today to volunteer.

MAKE A DIFFERENCE IN YOUR COMMUNITY · HELP YOUR COUNTRY · FIGHT POLLUTION · LIVE GREENER · EAT HEALTHIER · SPEND LESS MONEY AT THE STORE · ENJOY MORE TIME WITH YOUR KIDS OR GRANDKIDS · SPEND MORE TIME IN THE SUNSHINE · EAT FRESH FRUITS AND VEGETABLES YEAR-ROUND · HELP THOSE STRUGGLING TO FEED THEIR FAMILIES · DO SOMETHING NEW · GIVE BACK · PAY IT FORWARD

Hands In The Dirt Saturdays



Several Saturday mornings each month, Grow And Share's gardening instructors will educate parents, children, and teachers on many aspects of gardening. Lessons will be hands-on activities in the greenhouse, and will focus on growing food.

Classes begin at 9:00am Saturdays. Generally they last 2 hours but sometimes wrap-up in 90 minutes.

Join us for 2 hour lessons and we'll cover gardening issues. Soil, seeds, and containers are provided to students. We do recommend bringing your gardening gloves.

We spend about 20 minutes on each topic, and cover 2-3 topics per class. Lessons include hands-on time.

Come learn with us, and we think you'll find gardening is easier and more fun than you thought it could be!

A donation of \$5 per student or \$15 per family is appreciated. While many class lessons are geared toward children, teens and parents are encouraged to participate.

For children, handouts are provided for some topics. For adults, classes may include a parent's guide.

Some lessons are filmed for distribution or inclusion in Grow And Share videos. Advise instructors upon your arrival if you wish your child/family to be excluded from any videotaping/recording.

For more details or to register, call 1.919.269.5414 or email info@growandshare.org.

January 29 Seeds, Planting & Watering

- Creating Newspaper Pots
- Measuring for Planting Seeds
- Soil And Water Basics

February 12 Seedlings & Transplanting

- Transplanting Tomatoes and Peppers
- Root Systems And Plant Basics
- Which Plants Go in the Ground as Seeds and Which Go in as Seedlings

February 26 Designing Your Garden

- Container Gardening Inside and Outside
- Water Conservation and Rain Barrels
- What Does Organic Mean?
- Feeding Plants (Composting, Soil Testing, and Soil Additives)

March 12 Planning Your Garden and the Meals to Come

- Not All Seeds Are Alike (Heirlooms, Hybrids, and Saved Seeds)
- Herbs and Greens for Early Harvest
- Companion Plants to Help Your Seedlings

March 26 Title Needed

- Beneficial Bugs and Garden Pests
- Bees, Please!
- Trees and Bushes Grow Food Too

April 9 Early Harvesting and Garden Under Way [needs better title]

- Harvesting Greens and Edible Weeds
- Weeding and Newspaper to Save You Work

- Plant Health Issues and "Fertilizing"

April 23 It's Not Easy, Eating Green

- Harvesting Vegetables
- Interactive Food Tasting of Vegetables, Greens, and Vegetable Juices
- Starting Pumpkins for Your Later Garden

September 10 Fall Gardens

- Planting For Fall
- Understanding Weather, Temperature, and Year Round Gardening
- Quick Look at Saving For Winter (Freezing, Canning, and Pickling)

September 24 Year Round Basics

- Cover Crops to Renew Soil
- Winter Greens, Onions and Things
- Saving Seeds

Spring 2011 Garden Plant Giveaway

Saturday, April 30, 2011
 11:00am to 2:00pm
 Zebulon, NC

Save the date! Join us for the 2011 garden plant giveaway and gardeners meet and greet party!

Meet the other Grow And Share gardeners and the growers who made the plants possible!

We'll play music, eat, and give you a chance to meet other gardeners who believe in growing and sharing. You can also speak with Master Gardeners and gardening experts about the plants you choose.

Pledge To Share

Sign our "Pledge To Share" and pick up free garden plants for your garden. All plants are free to Pledged Gardeners, who promise to grow the plants for themselves and to share with their community.

Plants Available

Choose from tomato, pepper, squash, okra, and many other plants. Some seed will also be available for crops like corn, beans, and greens.

Where to Share

A partial list appears later in this newsletter. This list shows organizations accepting fresh produce from gardeners and distributing it into the community. If you know of a place to share—food bank, soup kitchen, or other location—please email the details to info@growandshare.org.

How to Start

To participate, email info@growandshare.org or call 1.919.269.5414.

RECENTLY HELD EVENTS

Our volunteers and Board have been busy! Here is some information on recent activities.

Recent Earth Fare "Healthy Kids Summit" Participation

From Maria DiLalla

Every day, Earth Fare is working with amazing community organizations, each doing their part to target the childhood obesity epidemic. We know that there isn't just one solution to the problem, and Earth Fare is doing our part to bring our friends together to celebrate healthy lifestyles. In partnership with Wake County's Childhood Obesity Coalition, Advocates for Health in Action, we created the Healthy Kids Summit.

The idea was simple: offer families the opportunity to explore various ways to make their lifestyles healthier. Kids and their families came out to explore and experience health...and they had a lot of FUN being healthy. The stigma attached to "healthy" was removed as kids played soccer, tried yoga, planted herb gardens, fished for nutrition, and cooked.

The Summit allowed families to see that being healthy is neither tedious nor boring. Food can still be yummy; exercise can be as simple as playing; and playing in dirt is not a bad thing. Thank you to all of our community partners that came out to our first Healthy Kids Summit!



Couture for a Cause

Friday, November 5, Grow And Share shared the spotlight with other local nonprofits at the second annual **Couture For A Cause 2010**. This ME³ event was held at Marbles Kids Museum/IMAX Theatre in downtown Raleigh, NC.

ME³ pairs nonprofits with local designers at this annual fashion show benefit. The Grow And Share designer, Keely Cansler, created two outfits that embodied the mission and 'spirit' of Grow And Share. Much ado was made, getting our message in front of potential 2011 gardeners, donors, volunteers, and sponsors.

Couture for a Cause benefited ME³ and its programs, which work to make volunteering easy, fulfilling, and accessible for everybody. Every individual has tremendous potential to make a positive impact on the world around them. Many people want to volunteer but don't know how to get started. ME³ helps connect volunteers with the causes that need them the most.

Photographs provided by ME³ and are property of Florio Photography.



GARMENT #2 WITH WEARABLE SHOVEL



DESIGNER KEELY CANSLER AND MODEL TEMPESTT HEAD



GARMENT #1 AND GARDEN PAIL

get **connected**
with opportunities to make an
impact in Wake County, NC

volunteer with the cause that
fits you based on your skills,
schedule, and **interests**

CIA COMMUNITIES
IN ACTION a program by ME³

learn more at www.me-3.org

Recent Franklin County Adult Day Program

Thank you so much for bringing the plants to our day program!

They participants were thrilled to death with their plants and held on to them for the rest of the day. Some of them wouldn't even set them down to eat and drink.

Plant in one hand and food in the other! LOL.

They truly enjoyed themselves!

From Kate Butterworth, Activities Coordinator, Franklin County Adult Day Program

NCSU Nonprofit Group Volunteer Day

Grow And Share thanks the NCSU group that performed greenhouse upgrades on October 24, 2010. Thank yous to:

- Alanna Howard
- Hunter Isgrig
- Chelsea Schwabe
- Molly Rogowski
- Rebecca Coady

These students are from N.C. State, varying degrees and years. We are all in Eric Fotheringham's Political Science 203, Introduction to Non-Profits class. Some of us are in the non-profit studies minor. We chose to work with Grow And Share because we thought it had a unique mission and we wanted to work with someone outside of the Triangle.

We appreciate this team giving their morning to Grow And Share. They built the remainder of our greenhouse tables and painted the

greenhouse front to protect it from the weather.

Thank you all for your efforts and contribution of time!

FIGHT HUNGER

Grow And Share offers gardening education, assistance via plants and seeds, and community building through events and produce giveaways. Educational events are listed on our website "Calendar" page and open to all US residents unless otherwise noted (some educational events are for private groups).

Fight hunger from your backyard, or help build local gardens to grow more to share.

In Your Neighborhood

For individuals and families, you may receive free plants and begin gardening with Grow And Share:

1. Come to the giveaway event.
2. Choose your plants (est. 12-24 per pledged Sharing Gardener™)
3. Fill out and sign our Pledge To Share your harvest.
4. Plant your seedlings in your yard or in containers.
5. Weed, feed, and have fun watching your garden grow.
6. Harvest, eat, and share with neighbors in need and local food banks to ensure the struggling members of your community benefit.
7. Send us photos and news about your sharing throughout the season.

In the Community

Starting a neighborhood, community garden, school, or organization garden can provide more space, and help you increase the number of gardeners in your area. Register your Shared Garden to receive free plants for this larger type garden:

1. Find a location suitable for your garden.
2. Recruit other gardeners in your area.
3. Locate a food pantry or local food distribution center willing to accept your free produce, and potentially pick it up each week.
4. Come to the giveaway event.
5. Choose your plants (number based on size of your Sharing Gardener™ and number of gardeners).
6. Fill out and sign our Pledge To Share your harvest for each of your gardeners.
7. Plant your seedlings.
8. Weed, feed, and have fun watching the garden grow.
9. Harvest, eat, and share with your community.
10. Keep us apprised of harvesting and other events where you might need assistance.

WHERE GARDENERS CAN SHARE THEIR HARVEST

Listed locations collect and distribute fresh produce, or use it to create meals on-site. For gardeners, you may drop off your fresh produce. Families in need may pick up food or come in for meals. Where certain hours are known, they are listed.

Cary NC

Western Wake Farmers Market

Carpenter Village
1225 Morrisville Carpenter Road
Cary, NC
Saturdays—10am to 12pm

Whole Foods-Cary

102 New Waverly Place
Cary, NC
Fridays—9am to 6pm

Durham NC

SEEDS Durham Community Garden

706 Gilbert Street
Durham, NC
(Santos Flores, 919.683.1197,
Santos@seedsnc.org)
Fridays and Saturday—before 10am
Distribution Note: Feed the high school
youth in the DIG program.

Fayetteville NC

Hope Center

913 Person Street
Fayetteville, NC 28301
(910) 920-4729

Garner NC

Mount Zion United Methodist Church

15772 NC 50 North
Garner, NC
Sundays—noon after service

Inter-Faith Food Shuttle (IFFS)

1001 Blair Drive
Raleigh, NC
Monday thru Saturday—7am-4pm
IFFS Durham Service Center
1720 Guess Road, Suite 14
Durham, NC
Tuesdays—10am to 1pm

Louisburg NC

A Blessing Soup Kitchen

c/o St. Paul Presbyterian Church
928 S. Main Street
Louisburg, NC
Monday & Thursday—10am to 12:30pm
(Mike Anderson,
landerson@touchnc.net)

Franklin County Volunteers In Medicine

109 N Church Street
Louisburg, NC
Thursday mornings
(fcvime.org, 919.496.0495)

Care and Share of Franklin County

110 Industrial Drive
Louisburg, NC 27549
919-496-1529

Raleigh NC

Vineyard Bread of Life Food Pantry

6894 Litchford Road
Raleigh, NC 27615
2nd & 4th Saturday—10:00am to Noon
(919.790.0001, raleighvineyard.org)

Logan's Trading Company

707 Semart Drive
Raleigh, NC
Saturdays—9am to 12am

Raleigh Downtown Farmers Market

400 block of Fayetteville Street
Raleigh, NC
1st Wednesday—10am to 2pm

Rolesville NC

New Bethel Baptist Church

605 East Young Street
Rolesville, NC
(newbethelrolesville.com,
919.556.5395)
Wednesday and Thursday
8:30am (food donations)
10:30am (food distributed)

New Bethlehem Baptist Church

1003 Rolesville Road
Rolesville, NC
252-556-5395

Sanford NC

Christian United Outreach Center

2885 Lee Avenue
Sanford, NC
(Theresa Dew, 919.774.8485)

Wendell NC

Wendell United Methodist Church

Food Pantry
129 N Main Street
Wendell, NC

Zebulon NC

Pilot Baptist Church

8103 NC 39 Highway
Zebulon, NC
Summertime, Saturday—9am to 11am
(donations and food distributed)

Zebulon First Baptist Church

304 East Barbee Street
Zebulon, NC

LOCAL COMMUNITY GARDENS

If you do not have time to start a garden or build a new neighborhood garden, join an existing community garden in your area. Community gardens listed are thanks in part to Santos Flores of SEEDS.

Apex NC

Simple Gifts Community Garden

1075 S. Hughes Street
Apex, NC
www.simplegiftsgarden.org
Anne Harrison
919-616-6659 or anneh@nc.rr.com
Open to all in the community
Harvest Recipients: Garden members and Western Wake Crisis Ministry
wwcm.org

Cary NC

Cary Pocket Community Garden

112 Dry Avenue
Cary, NC
Keith Bliss
919.796.5478
kbliss@kw.com

Butner NC

Thee Community Garden

Butner Presbyterian Church
310 16th Street
Butner, NC
Open to anyone living in the southern Granville county area.
Harvest Sharing: The congregation, community garden participants, and a local food pantry.

Cedar Grove NC

Anathoth Community Garden

3005 Lonesome Road
Cedar Grove, NC
David Hamilton
dsjhamilton@gmail.com, 919-357-4459

Chapel Hill / Carrboro NC

Harry's Market Community Garden

Highway 54
White Cross/Carrboro, NC
Theresa Smith
919.932.7025
meetmeatharrys.com
Harvest Sharing: Chapel Hill Homeless Shelter and Interfaith Food Shuttle
Persons with disabilities are welcome to participate

Clayton NC

Clayton Community Garden

314 Sandy Bottom Ct
Clayton, NC
Michelle Mayfield
molamoladiver@yahoo.com
919.553.8877

Durham NC

SEEDS Educational Garden / Community Garden

706 Gilbert St.
Durham, NC 27701
Santos Flores
919.683.1197
info@seedsnc.org
Santos@seedsnc.org
seedsnc.org

Eno Commons Community Garden

Durham, NC
Kathy Lee
919-309-4830
Or, Sue Alexander
919-383-3840

Trosa Community Garden

1820 James Street
Durham, NC 27707
Wendy Noel
wnoel@trosainc.org

Durham Rescue Mission Gardens

507 East Knox Street
Durham, NC 27701
Walter Cole
919-688-9641
walter.cole@durhamrescuemission.com

Walltowns Community Garden

1109 Berkeley Street
Durham, NC 27705
Ed Cvelich
919-889-2063
cvelich@gmail.com

Union Baptist Church

904 N. Roxboro Street
Durham, NC
Janet
919-688-1304
jmorton@unionbaptist-durham.org

Union Baptist Church

904 North Roxboro Street
Durham, NC 27701
919-688-1304
unionbaptist-durham.org

Trinity Ave Presbyterian Church

Sarah Musser
919-688-1722
Trinity Ave Presbyterian Church
927 West Trinity Avenue
Durham, NC 27701
919-682-3865
trinityave.org

Northeast Baptist Church

3204 NC Highway 55
Durham, NC 27713
Willa Allen
919-544-2142

Inter-Faith Food Shuttle

Downtown Durham Comm. Garden
404 West Chapel Hill Street
Durham, NC
919.250.0043
ElizabethN@FoodShuttle.org

Neem

Chapel Hill Rd & W Lakewood Ave
Durham, NC
neem@mindspring.com

Lakewood United Methodist Church

Tuscaloosa Lakewood Neighborhood Assoc.
Durham, NC
tlnagardens@gmail.com

Briggs Ave Garden

Durham, NC 27703
Michelle Wallace
919-560-0526
michelle_wallace@ncsu.edu

St. James Baptist Church Office

1305 West Club Boulevard
Durham, NC 27705
919-286-5024
ryansipes.com

St. Philips Episcopal Church

403 East Main Street
Durham, NC 27701-3719
(919) 682-5708
Elizabeth Newman, 919-489-5750
stphilipsdurham.org

Honey Patch

426 Anderson Street
Durham, NC 27708
Kellyn Shoecraf
kfs8@duke.edu

Duke Community Garden

Durham, NC 27705
Stella Dee
stella.dee@duke.edu

**St. John's Presbyterian Church
Community Garden**

5471 North Roxboro Road
Durham, NC
919.358.4314
stjohnsgarden@gmail.com
stjohnsdurham.org

Calvary United Methodist Church

304 E Trinity Ave
Durham, NC 27701
larry.kroutil@verizon.net

Solterra Co-Housing Community

Solterra Way
Durham, NC 27705
Nancy Dennis
sustainabelle@gmail.com

Sweet Ivory, CDC

12 Oneluska Drive
Durham, NC 27705
919-884-6257
Willard_McKiver@sweetivory.org

Temple of Progress and Light

4015 Ludgate Drive
Durham, NC 27713
kiamerced@gmail.com

W.D. Hill

1308 Fayetteville Street
Durham, NC 27707
919-560-4292

One Durham Everybody Eats

1703 E Geer Street
Durham, NC 27704
Wanda Boone
919-491-9740

Habitat for Humanity

Durham – Community Garden
215 N Church Street
Durham, NC 27701
919-682-0516

Efland NC

Chestnut Ridge Community Garden
4300 Camp Chestnut Ridge Road
Efland, NC
Chris Burtner
cburtner@mindspring.com, 919-414-3273

Fuquay-Varina NC

Covenant Community Garden
Fuquay-Varina UMC
100 S. Judd Parkway SE
Fuquay-Varina, NC
Joy Brown 919-557-5954 or
admin@covenantcommunitygarden.org
covenantcommunitygarden.org

Raleigh NC

**New Hope Baptist Church Comm.
Garden**
Lexington On The Green Apartments
Louisburg Rd
Raleigh, NC
Reverend Jerry Layton
919-876-5250 ext 3125
jlayton@nhbcnrc.org
nhbcnrc.org
Harvest Sharing: Lexington community
other people in need.

Inter-Faith Food Shuttle

Mayview Community Garden
2136 Mayview Rd
Raleigh, NC
919.250.0043
Katherine@FoodShuttle.org

Inter-Faith Food Shuttle

Neighbor to Neighbor Comm. Garden
1200 South Blount Street
Raleigh, NC
919.250.0043
Katherine@FoodShuttle.org

**Inter-Faith Food Shuttle Alliance
Medical Ministries Comm. Garden**

101 Donald Ross Drive
Raleigh, NC
919.250.0043
Katherine@FoodShuttle.org

Smithfield NC

Smithfield Community Garden
Smithfield, NC
Michelle Ball
919.524.9631
MBall@sst-law.com

Wake Forest NC

**Wake Forest Farms Community
Garden**
6817 Zebulon Road
Wake Forest, NC, 27587
Kent Smith
919.422.9079
wakeforestfarms@hotmail.com

Wendell NC

St. Eugene Community Garden
608 Lions Club Road
Wendell, NC
Maggie Castor
Maggiecastor@partners101.org
St. Eugene Community Garden
Also offer ag and nutrition classes.
Harvest Sharing: St. Eugene Community
Garden will be supplying fresh fruits and
vegetables to area food pantries
including a new Brown Bag Ministry
satellite group and families in need.