

The Garden's Edge



VOLUME 2, NUMBER 2, FEBRUARY 2011

TRIANGLE EAST HOME & GARDEN SHOW

From Nancy Pardue, Triangle East Magazine

Grow & Share has been selected as the featured nonprofit for the 2011 Triangle East Home & Garden Show!

Join us on Saturday, April 30 from 9 a.m. to 2 p.m., at The Clayton Center in Clayton, for a gathering of the best in home and garden expertise, products and services, plus presentations from regional experts including Grow And Share's own Kay Whatley.

Longing for a prettier landscape?
Building your dream kitchen?

Whether your project is in daydream phase or already under way, the Triangle East Home & Garden Show will offer lots of local sources all in one place, to help you get great results. These knowledgeable vendors have what it takes to make your dreams come true.

Tickets to the Triangle East Home & Garden Show are \$5 with advance online registration, or \$10 when

registering at the door. One dollar from each ticket sale will be donated to Grow & Share, the Zebulon-based nonprofit working to eliminate hunger across North Carolina via gardening education, plant giveaways and community building.

The 2011 Triangle East Home & Garden Show – don't miss it!

For more information, see www.triangleeastmagazine.com.

Triangle East

HOME

& Garden

SHOW



Grow And Share: *Fighting Hunger from The Ground Up*™

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JOIN OUR TEAM IN 5K WALK (or sponsor!)



Exercise and start getting in shape for your Spring/Summer gardening! Join us Saturday, March 26th for the 5K walk (or run) with the *Great Human Race* around Durham.

Grow And Share has a team again this year, and welcome our volunteers, gardeners, and friends to walk with the Grow And Share Team. Contact us for more details and to sign on for the Grow And Share Team!

How this 5K works is you join the team and gather pledges from your contacts and companies. The "Grow And Share Team" receives these funds after the race, helping us continue our educational and food growth programs.

We're aiming for 20 walkers on our team. Sign up today! The race only takes a couple of hours of your morning, and can make a difference to how many people we can reach with gardening education.

Help us raise funds to be used in our fight against hunger by supporting our educational activities, which cover healthy eating, growing food, sharing locally, community building, gardening, ...and, yes, fighting obesity through healthy food availability. Sponsors who donors of \$250 or more can add a message or company logo to our team t-shirts! Limited spaces available. Give your gift right now and support the Grow And Share Team. Email or call 1.919.269.5414.

JANUARY 1ST GREENHOUSE UPGRADE

From Chad Kibbe, Eagle Scout Candidate

Hello, my name is Chad K. I am Boy Scout from Troop 500. I began working on my Eagle Project last May. The whole process started out as a rough one from the planning of the project to coordinating dates to

carry it out. But on January 1st, it all came together to be completed. Myself, two adult leaders and other scout helpers worked on the project for five hours and completed it. We built shelving inside of a greenhouse to maximize the growing space. We installed two sections of forty foot "bleachers" into each side of the greenhouse. The "bleachers" are 4 steps high and approximately 40 feet long. With this addition, an estimated 10,000 plants will be able to be supported.



PHOTOS OF THE NEW GREENHOUSE BLEACHER SHELVING

HANDS IN THE DIRT FREE SATURDAY CLASSES

Several Saturday mornings each month, Grow And Share’s gardening instructors will educate parents, children, and teachers on many aspects of gardening. Lessons will be hands-on activities in the greenhouse, and will focus on growing food.

Classes begin at 9:00am Saturdays. Generally they last 90 minutes to 2 hours. Soil, seeds, and containers are provided to students. We do recommend bringing gardening gloves.

Classes are free. Donations are appreciated. While many class lessons are geared toward children, teens and adults are encouraged to participate.

For more details or to register, call 1.919.269.5414 or email info@growandshare.org. Please register in advance to ensure we have supplies for all attendees.

February 26 Designing Your Garden

- Container Gardening Inside and Outside
- Water Conservation and Rain Barrels
- What Does Organic Mean?
- Feeding Plants (Composting, Soil Testing, and Soil Additives)

March 12 Planning Your Garden and the Meals to Come

- Not All Seeds Are Alike (Heirlooms, Hybrids, and Saved Seeds)
- Herbs and Greens for Early Harvest

- Companion Plants to Help Your Seedlings

March 26 Bugs and More

- Beneficial Bugs and Garden Pests
- Bees, Please!
- Trees and Bushes Grow Food Too

April 9 Early Harvesting and Garden Under Way

- Harvesting Greens and Edible Weeds
- Weeding and Newspaper to Save You Work
- Plant Health Issues and “Fertilizing”

April 23 It’s Not Easy, Eating Green

- Harvesting Vegetables
- Interactive Food Tasting of Vegetables, Greens, and Vegetable Juices
- Starting Pumpkins for Your Later Garden

Fall Classes Also Available

January 29th Class

Our first 2011 class covered basics and was led by Annette Dorman and Kay Whatley with help from Linda Gaskins and Claire Moylan.

The class was made up of about a dozen attendees. We showed how to make newspaper pots, plant seeds, water properly, and transplant seedlings.

February 12th Class

This recently held class covered seedlings and transplanting

Topics included transplanting, plant Root Systems, and planting in the ground vs. in containers.

This class included multiple adults and several elementary school children. Each student was able to plant their own tomatoes, thanks to Annette Dorman’s contribution, and take home a “lettuce in a pot” to try to grow and taste.



PART OF THE JANUARY 29TH CLASS

VIVA RALEIGH

From Aracelys Torrez, Community Specialist, City of Raleigh

The Viva Raleigh Festival will take place in April, held by the City of Raleigh at this location:

Spring Forest Road Park
4203 Spring Forest Road
Raleigh, NC 27616

Saturday, April 9, 2011
Sábado, 9 De Abril De 2011
1:00pm - 5:00pm

The festival features musical performances, food vendors, information booths and entertainment. More information at: www.raleighnc.gov/home/content/CommServices/Articles/HispanicLatinoAmerican.html

Grow And Share is participating in this festival. Stop by our booth to find out more about growing, eating, and sharing tomatoes, peppers, tomatillos, and herbs in NC.

FRESH, THE MOVIE

Planning is under way for a special showing of *Fresh, The Movie*,



organized by Grow And Share volunteer Jamie Wescott, and opening with a special viewing of the Grow And Share documentary created by Suzin Daly.

Thank you to volunteer Jamie Wescott for putting this fundraiser together! We're all looking forward to seeing *Fresh, The Movie* and seeing local reaction to the Grow And Share documentary.

PRODUCE & I.F.F.S.

What can Inter-Faith Food Shuttle accept from gardeners? That's the question we posed to IFFS. Their Director of Food Sourcing had this response:

From Don Eli at the Inter-Faith Food Shuttle:

"To answer your questions - FRESH PRODUCE - yes. Any and all are utilized in our daily distributions. We prefer hearty vegetables with good shelf life like potatoes, onions, carrots....but the more color the better!

Obviously whatever is in season makes the most sense for us, too.

Unfortunately, we cannot accept canned-at-home goods.

Hope this is what you needed, and thank you for doing this for us."

For more information on the Inter-Faith Food Shuttle: 1.919.250.0043 and www.foodshuttle.org.

VOLUNTEER OPPORTUNITIES

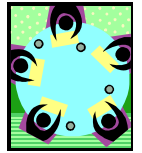
A nonprofit like Grow And Share has many tasks that need to be done. We welcome volunteers to help on tasks that are of interest to them.

Planting & Transplanting

Through late February we will be planting, then in March transplanting the seedlings. Come and help, and play a part in growing the plants used in our educational events and given away to Sharing Gardeners.

Join Events Group

Help us plan educational classes, plant giveaways, the Grow And Share Music Festival, a new 2011 Golf Tournament, events that feature us, and other educational and fundraising events. Join our event planning group today!



A FEW GARDENING CALENDARS STILL AVAILABLE



Grow and Share, with help from volunteers in our education group, has created a planting calendar.

This calendar includes monthly information on planting seeds or seedlings. It includes gardening data, and showcases growing and sharing through photographs contributed by local gardeners and farmers.

The calendar lists Grow And Share classes and date for our 2011 plant giveaway. It also includes some holidays. Other dates are open with room for writing in your own important appointments.

A donation of \$15 is suggested. If you'd like a calendar mailed to you, postage and handling is suggested at \$5 additional.

THANK YOU

Thank you to Wal-mart for their recent financial contribution (grant).



Thank you to Green-Relief of Franklinton NC (their website is www.naturesgreenrelief.com), for donating soil used in the elementary school raised garden installed last month (MLK Day Of Service).

Thank you to Annette Dorman, Claire Moylan and Linda Gaskins for being “teacher’s assistants” during the greenhouse Hands In The Dirt classes.

Thank you to students Chrystal, Dorian, Karl, Mr. and Mrs. B., Lisa, Rosemary, Lynn, Lynda, Howie, and Nadia for attending. We’re glad that you came to learn about gardening and were glad to hear you enjoyed the classes.

And, thank you to the Tucker Family for donating the greenhouse, Betty and Clark for donating the tables, Eagle Scout Candidate Chad Kibbe and his troop for the shelving, and the many seed donors who help us share with little expense by giving us their unused seed or new packets.

“Thank You” to MudcatsRadio.com for choosing Grow And Share as their *2011 Cause of the Season*

You can hear Grow And Share commercials during Mudcats baseball game broadcasts this Summer via these media:

**CLEAR CHANNEL RALEIGH'S WRDU-FM HD2 AND 106.1 FM
FIRST MEDIA'S WZAX-FM (“JAMMIN 99.3”)
THE “TUNEIN RADIO” APPLICATION FOR MOBILE DEVICES
THE TEAM'S CAROLINAMUDCATS.COM WEBSITE
INSIDE FIVE COUNTY STADIUM LIVE ON THEIR FM TRANSMITTER.**

We appreciate MudcatsRadio.com’s support, via Play-by-Play Sports Properties, LLC, which produce the broadcasts for the Mudcats in 2011.

The Mudcats’ 21st season opens April 7th at home (Five County Stadium, Zebulon NC) against the Mobile Bay Bears.

The Carolina Mudcats are the AA affiliate of the Cincinnati Red and recently announced they will play in the Advanced A Carolina League beginning in 2012

SPRING 2011 GARDEN PLANT GIVEAWAY

Saturday, April 30, 2011
11:00am to 2:00pm—Zebulon, NC

Join us for the 2011 garden plant giveaway and gardeners meet and greet party! Meet the other Grow And Share gardeners and the growers who made the plants possible!

We'll play music, eat, and give you a chance to meet other gardeners who believe in growing and sharing. You can also speak with Master Gardeners and gardening experts about the plants you choose.

Pledge To Share

Sign our "Pledge To Share" and pick up free garden plants for your garden. All plants are free to Pledged Gardeners, who promise to grow the plants for themselves and to share with their community.

Plants Available

Choose from tomato, pepper, squash, okra, and more. Some seed will also be available for crops like corn, beans, and greens.

Where to Share

Many local food banks, soup kitchens, or other food distribution

centers accept fresh produce. A listing is available on the Grow And Share website.

Also, see the information from a local food bank [on this page](#).

How to Start

To become a Sharing Gardener, email info@growandshare.org or call 1.919.269.5414. You may pick up our plants, or use your own. You promise, you grow, and you share.

make a difference in your community • help your country • fight pollution • live green • **Grow And Share** • less money at the store • enjoy more time with your kids or grandkids • spend more time in the sunshine • eat fresh fruits and vegetables year-round • **Grow And Share** • do something good • give back • give forward

Gardener's Party and Plant Giveaway

► **Saturday, April 30, 2011** ◀
11:00am to 2:00pm*
Zebulon, NC

JOIN US FOR THE 2011 GARDEN PLANT GIVEAWAY AND GARDENERS MEET AND GREET PARTY!

Sign our "Pledge To Share" and pick up free garden plants for your garden. Choose from tomato, pepper, squash, okra, and many other plants. These are ready to go home with you and into a patio container or a spot in your garden!! All plants are free to Pledged Gardeners, who promise to grow the plants for themselves and to share with their community. Plants will be give away until we run out. Some seed will also be available for crops like corn, beans, and greens.

Meet the other Grow And Share gardeners and the growers who made the plants possible!!

We'll play music, eat, and give you a chance to meet other gardeners who believe in growing and sharing. You can also speak with Master Gardeners and gardening experts about the plants you pick up.

To receive free plants:

1. Come to the giveaway event on Saturday.
2. Choose your plants (est. 12-24 per gardener)
3. Fill out and sign our *Pledge To Share* your harvest.
4. Plant your seedlings in your yard or in containers.
5. Weed, feed, and have fun watching your garden grow.
6. Harvest, eat, and share with neighbors in need and local food banks to ensure the struggling members of our community benefit.

*Plants are given away on a first come, first served basis. When they are gone, they're gone. Quantities of all items are limited. We do not guarantee availability of any particular item at the time you arrive at the giveaway. You may choose from available items. Donations welcome.

To donate to Grow And Share, call 919.269.5414 to pay by credit card, or mail a check to address at right. Federal EIN 26-4248537; operating as a 501(c)(3).



Grow And Share
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